

## Workshops!

A little about workshops...

- Workshops are an hour long: mornings (Tuesday-Friday, 9:25-10:25am), afternoons (Tuesday-Thursday, 3:20-4:20pm), and Shabbat afternoon (Saturday, 4:30-5:30pm).
- Workshops are a great way for our community to further learn with/from each other.
- Workshops can be presented in any format, from discussion to *hevrutah* (paired learning) to lecture to... interpretive dance! Whatever format the teacher/facilitator best thinks conveys the material.
- Finally, workshops are volunteer run; I would like to take this opportunity to thank all of the amazing teachers for sharing their expertise, knowledge, ideas, and resources with our community!

So many workshops, how will I choose?

- Check out the **Sustaining Havurot** track (workshops identified with “**SH**”), for workshops that offer skills-building, programming ideas, and help for getting your *minyan* or *havurah* off the ground, back on track, or reinvigorated.
- Looking for a more hands-on approach? Look for the **Art** designation on workshops that will let your creative side loose.
- Want to spend an hour **singing**? You’ll want to look for the 🎵.
- Learn from our Hollander Social Justice Fellow and other members of the community in **Social Justice**-themed workshops (“**SJ**”).
- If you’re hungry to learn about **food**, and what and how we **eat**, look for the beet (🥕).
- You can also dive into **texts** (“**T**”).

After that, you’ll just have to read the descriptions. There are many more workshops that do not fall into those categories...

**Please note** that a special workshop will be held during breakfast in the dining hall. Look for **Eatitude, Eating + Gratitude** on Tuesday and Wednesday, 7:30-8:30am, in the “under the ramp” room of the dining hall.

But wait, there’s more! If you have a great idea for a workshop that wasn’t on the schedule, or were too shy to offer one in advance, or just had a great idea for a discussion, you can offer a **spontaneous workshop** this week! Go to the office, get some paper, find out which room is free for your renegade workshop, and post a notice on the bulletin board on the way to the dining hall. Don’t forget to include a workshop title, a few keywords to get folks interested, and the day and time (morning or afternoon workshop slot), along with the location.

For more information, for help with a spontaneous workshop, to submit a workshop for next year, or to give feedback, please contact Benjamin Maron or [workshops@havurah.org](mailto:workshops@havurah.org).

Tuesday Morning	Wednesday Morning	Thursday Morning	Friday Morning
<b>Eatitute, Eating + Gratitude</b> Walli Chefitz <i>Dining Hall: 7:30-8:30</i> 🍴	<b>Eatitute, Eating + Gratitude</b> Walli Chefitz <i>Dining Hall: 7:30-8:30</i> 🍴		
<b>A Taste of Mussar</b> Eleni Litt <i>Alumni Lounge</i> T	<b>A Taste of Mussar</b> Eleni Litt <i>Alumni Lounge</i> T	<b>A Taste of Mussar</b> Eleni Litt <i>Alumni Lounge</i> T	<b>A Taste of Mussar</b> Eleni Litt <i>Alumni Lounge</i> T
<b>Learn to Do Hagbah</b> L. Lee Butler <i>Petrocelli 108</i> SH	<b>Social Justice Minyan in a Supermarket World</b> Abby Bellows <i>Petrocelli 108</i> SH SJ	<b>Program Swap: What to Do With Your Hevra</b> Bob Freedman <i>Petrocelli 102</i> SH	<b>Torah Trope is Easy!</b> Stephen Landau <i>Petrocelli 101</i> SH
<b>Kippah Crocheting 101</b> Sue Gulack <i>Petrocelli 112</i> ART	<b>Art Journaling</b> Heather Stoltz <i>Petrocelli 116</i> ART	<b>Create Your Own Mezuzah</b> Rachel Sommer <i>Petrocelli 117</i> ART	<b>She Sets Her Hands to the Distaff</b> Sarah Hartman <i>Petrocelli 116</i> ART
<b>Redeeming Snow-White Miriam</b> Mark Berch <i>Petrocelli 101</i> T	<b>Passover Across America</b> Joan Vick <i>Petrocelli 117</i> ART	<b>Secret Identities from Abraham to Spider-Man</b> David Levy <i>Petrocelli 108</i> T	<b>A Sea of Mystery: Pi in the Bible and Talmud</b> Adam Levine <i>Petrocelli 102</i> T
<b>Eco-Consciousness as a Spiritual Practice</b> Sarah Chandler <i>Petrocelli 102</i>	<b>The Great Prayer Experiment Part I: Vernacular</b> Alan Scott Belsky <i>Mountainview</i> T	<b>Eating for Success: Seven Ingredients for a Healthy Life</b> Sharon Goldner <i>Petrocelli 112</i> 🍴	<b>Tzur Mishelo vs. Yah Ribon</b> Josh Rosenberg <i>Mountainview</i> 🎵
<b>Why Are There So Many Kaddishes – And What Are They All About?</b> Alan Livingston <i>Petrocelli 113</i>	<b>Seeking The Source</b> Mordecai Jackson <i>Petrocelli 101</i>	<b>Seeking The Source</b> Mordecai Jackson <i>Petrocelli 101</i>	<b>Jews in Non-Jewish Places</b> Ben Murane <i>Petrocelli 112</i>
<b>The New Neo-Nazi Victim and Us</b> Natalia Emanuel <i>Petrocelli 114a</i>	<b>Introduction to Piyutim/ Jewish Liturgical Poetry &amp; Music</b> Benj Kamm <i>Petrocelli 102</i> 🎵	<b>Health Reform Policy and Politics</b> Matthew Weinstein <i>Petrocelli 116</i>	<b>Exile: A Novel About Anti-Israelism in Academe</b> Nora Gold <i>Petrocelli 113</i>
<b>The Community Torah Project: Checking Panels</b> Linda Motzkin <i>Petrocelli 116</i>	<b>Immunics for All</b> Ceidlen Beller <i>Pierce Hall</i>		<b>Sharing Session for Tefilla Educators</b> Ethan Merlin <i>Petrocelli 114a</i>
<b>A Kabbalistic Meditation: The Mitzvot of Consciousness</b> Herb Levine <i>Petrocelli 117</i>	<b>Transforming Difficult Conversations</b> Karey Bacon <i>Petrocelli 114a</i> SJ		<b>In Search of Ancient Pottery, Goliath, and Gold</b> Brian Fink <i>Petrocelli 108</i>

<b>Tuesday Afternoon</b>	<b>Wednesday Afternoon</b>	<b>Thursday Afternoon</b>	<b>Shabbat Afternoon</b>
<b>Gabbinnical School: Torah Service Workshop</b> Adam Levine <i>Petrocelli 101 SH</i>	<b>Creating Sacred Lifecycle Ceremonies for Un-synagogue-d, Interfaith, and Jewish Families</b> Lev Baesh <i>Petrocelli 101 SH</i>	<b>Davening as if the Words Really Matter: Community-based Evolution of Matbeah Tefila</b> Shalom Flank <i>Petrocelli 108 SH</i>	<b>L'chu N'ran'nah: An Egalitarian Traditional Bencher with an Alternative Edge</b> Barry Walfish & Mark Frydenberg <i>Cheney Chapel</i> 🎵
<b>Henna: Celebrating Life Transitions in Delicate Patterns</b> Rebekah Emanuel <i>Monadnock Lounge ART</i>	<b>Open Art Studio</b> Sarah Beller <i>Petrocelli 116 ART</i>	<b>A Model of Havurah Governance</b> Sherry Israel <i>Petrocelli 116 SH</i>	<b>World Making 101: Ancient Steps Toward a Torah of Environment</b> Jonah Chanan Steinberg <i>Northwoods T</i>
<b>Sefer Habloggadah: An Introduction to Sefer HaAggadah</b> Richard Friedman <i>Petrocelli 102 T</i>	<b>Two Hasidic Masters on Drinking and Sex as Spiritual Practice</b> Jonah Chanan Steinberg <i>Petrocelli 112 T</i>	<b>Planning a Greener Bar/Bat Mitzvah Celebration</b> Joelle Novey <i>Petrocelli 112 SJ</i>	<b>Info and Dream Session on a New Jewish Environmental Camp</b> Vivian Lehrer <i>Pierce Hall</i>
<b>Our Communities Volunteer: Sharing Ideas for Social Justice Activities</b> Shoshana Zonderman <i>Petrocelli 108 SH SJ</i>	<b>Planning a Greener Wedding</b> Joelle Novey <i>Petrocelli 108 SJ</i>	<b>Sefer Habloggadah: An Introduction to Sefer HaAggadah</b> Richard Friedman <i>Petrocelli 102 T</i>	<b>Sahar Hogein: A Jewish Approach to Fair Trade</b> Joelle Novey <i>Monadnock</i> 🎵 <b>SJ</b>
<b>Jewish Rounds Workshop</b> Joelle Novey <i>Cheney Chapel</i> 🎵	<b>Telling Your Story to Create Change and Build Community</b> Shira Levine <i>Petrocelli 102 SJ</i>	<b>Creative Text Study</b> Linda Feinberg & Joe Smiga <i>Petrocelli 117 T</i>	<b>Games People Play</b> Jacob Sommer <i>Alumni Lounge</i>
<b>Local Wild Edibles and Medicinals</b> Sarah Chandler <i>Pierce Hall front doors</i> 🎵	<b>Social Justice Showtunes</b> David Levy <i>Petrocelli 113 SJ</i> 🎵	<b>Life on the Fringes: Exploring Talit Katan</b> Benjamin Maron & Ben Murane <i>Petrocelli 113</i>	
<b>Semitism</b> Alon Nashman <i>Petrocelli 117</i>	<b>Chalom Chalamti: Jewish Dream Analysis</b> Raysh Weiss <i>Petrocelli 114a</i>	<b>Mixed Heritage: No Such Thing As Half Jewish?</b> Rebecca Ennen <i>Petrocelli 114a</i>	
<b>Mass Media Messages: Spiritual Danger, Spiritual Opportunity</b> Brian Primack <i>Petrocelli 114a</i>	<b>Eating Our Way Towards Judaism</b> Amanda Melpolder <i>Petrocelli 117</i> 🎵	<b>Blessing in Rhythm: Spiritual Dance</b> Stefan Gottschalk <i>Pierce Hall</i>	
<b>"Jewish Girl Power" Film Screening</b> Nora Gold <i>Petrocelli 116</i>	<b>Rikudei Am! Israeli Folk Dance</b> Yona Golding <i>Cheney Chapel</i>	<b>Jewish Continuity Through Judaic Arts</b> Dana Israel <i>Alumni Lounge</i>	
<b>Facilitation of Interfaith Issues</b> Joe Smiga <i>Petrocelli 113</i>	<b>NHC Board: Executive Committee Training</b> <i>Alumni Lounge</i>	<b>The Art of Bal Tashchit: Recycled Paper Making</b> Laura Bellows <i>Petrocelli 101 ART</i>	
<b>New Jewish Fatherhood</b> Jesse Bacon <i>Petrocelli 112</i>		<b>Let Us Sing!</b> Mark Frydenberg <i>Cheney Chapel</i> 🎵	

## TUESDAY MORNING (7:30 - 8:30am)

### **Eatitude, Eating + Gratitude [🌱]**

How would you like to have enough to eat and feel satisfied with less? How would you like to be in control of your food? We will have breakfast together and do a meditation on each bite. Weight loss is a by-product of eating this way, but so is a gain in calmness and joy. We will meet at early breakfast, **7:30-8:30, in the dining hall** (the room “under the ramp”).

**Walli Chefitz** has attended many institutes as participant and past co-chair; is an Occupational Therapist working in the field of body mechanics, teaching bone health and wellness. What qualifies me to give this workshop? I eat and I have an imagination.

## TUESDAY MORNING (9:25 - 10:25am)

### **A Taste of Mussar [T]**

A 4-session workshop that guides individuals in a series of Mussar learning and practice. What is Mussar? Mussar is a Jewish path of contemplative practices, text study, and exercises that have evolved over the past thousand years to help individuals pinpoint and then break through barriers that obstruct the flow of inner light. From its origins in the 10th century, Mussar was a practice of the solitary seeker, until in the 19th century it became the basis for a popular social/spiritual movement originating in Lithuania, inspired by the leadership of Rabbi Israel Salanter. While initially practiced primarily within the Orthodox Jewish community, it is currently practiced by Jews of all backgrounds and movements (including Reform, Conservative, Secular Humanist, and Reconstructionist). As with all Mussar study, the aim of this workshop series (you can attend one or more as each day will have a different focus) is to help individuals find balance and strength in inner traits that are essential for leading a fulfilling life, in worldly as well as spiritual matters. Each day over the four days, we will focus on a single *middah* (soul-trait). All texts are in English; where Hebrew is used, it is transliterated and translated. Additional Information about Mussar is available from the website of The Mussar Institute: <http://www.mussarinstitute.org/index.htm>

**Eleni Litt** is a long-time NHC teacher and has been practicing/studying Mussar for many years with Alan Morinis of The Mussar Institute. While she works professionally in higher education administration (in The Provost's Office at The New School) she continues her own work as an artist and teacher. She lives in Princeton with husband Neil; they *daven* and play with the Havurah Minyan at The Jewish Center.

### **Learn to Do Hagbah [SH]**

Does the idea of lifting the Torah make you nervous? Is this the one honour you just can't accept? Come and learn some interesting things about *hagbah* and some tricks that make it a task anyone can do, not just the burly and brawny.

**L. Lee Butler** has been doing *hagbah* since he started attending services in college, and thinks that more people should get the opportunity to do the same.

### **Kippah Crocheting 101 [ART]**

Want to learn to crochet a *kippah*? No experience needed. Bring your willing hands and \$2.00 for materials to the workshop. Instructor will be available for consultation through the week. Many participants have finished their first *kippah* in time for Shabbat!

**Sue Gulack** is a rabbi in Albany, NY, and a long-time crocheter and *kippah* maker.

### **Redeeming Snow-White Miriam [T]**

Miriam is turned snow-white at Numbers 12, and the standard explanation is that this is punishment for the sin of slander. I'll present two radical readings of this story which attempt to put Miriam in a much more positive light, and question how serious a punishment this was – or even whether it was something entirely different. We'll have a chance to discuss whether these are plausible takes on the story.

**Mark Berch** is a Patent examiner, and *davens* at Tifereth israel, in Washington DC.

### **Eco-Consciousness as a Spiritual Practice: Maintaining a Connection to the Earth When Surrounded by Bricks and Concrete**

This workshop and text study will give you tools to raise awareness of your level of eco-consciousness, examining how it affects you, and help you understand the benefits of the spiritual dimensions of eco-consciousness. Specifically, we will explore how it improves other aspects of our lives, and how to approach it in an empowered rather than overwhelmed way.

Some of **Sarah Chandler's** favourite ways to connect with nature in NYC include talking to pigeons, catching glimpses of the moon between buildings, and drinking cold beers on sidewalk cafes.

### **Why Are There So Many Kaddishes – And What Are They All About?**

The Mourner's *Kaddish*, the *Hatzi* (Half) *Kaddish*, the *Kaddish Shalem* (Full), the *Kaddish de Rabbanan* (Rabbi's), and more... What is the origin of these prayers, and what are their meanings? What role do they play in our liturgy? How do they 'hallow' or 'sanctify'? Is there a mystical or magical element to the Mourner's *Kaddish*? How did it come into the liturgy? What is it really all about? We'll start with the texts in Hebrew and English, and will also refer to Leon Wieseltier's wonderful book/journey: "Kaddish."

**Alan Livingston** makes Jewish prayer accessible. He holds degrees in Religion and Jewish Studies, as well as a Master's of Education from Univ. of Toronto (O.I.S.E.). He taught for a few years, and then went into the family business. This is his sixth Institute.

### **The New Neo-Nazi Victim and Us**

In Europe, Roma are facing situations that are familiar to students of Jewish pre-war Germany. This workshop will focus on understand what is going on for Roma and will open a space to discuss our responses both viscerally and practically. We will discuss what we think the root of the problem is, as well as whether Jews have an increased responsibility to act because we have suffered similar conditions, and if we can learn anything from our own experience about how to act as effectively as possible.

**Natalia Emanuel** is a college student working at Human Rights First on their campaigns to end discrimination and to stop torture. She likes the colour purple.

### **The Community Torah Project: Checking Panels**

How often does one get the opportunity to participate in the making of a Torah scroll, an act that some say is the 613<sup>th</sup> *mitzvah* (commandment) of the Torah? Come view some panels of a Torah in progress, learn a bit about the making of a Torah scroll, and be part of the making of a scroll by proofreading a line, verse, paragraph, or column (your choice). Open to anyone who can recognize Hebrew letters.

**Linda Motzkin** is co-rabbi, together with her husband Jonathan Rubenstein, at Temple Sinai of Saratoga Springs, NY, in addition to being the Jewish Chaplain at Skidmore College. In her spare time, she is a *soferet* (scribe), currently writing a Torah scroll with the hands-on participation of anyone who wants to help make parchment from deerskins, proofread panels, or offer any other assistance.

### **A Kabbalistic Meditation: The Mitzvot of Consciousness**

This practice is based on Alan Afterman's alignment of the six *mitzvot* (commandments) of consciousness in the Torah with the lower *sefirot* (enumerations; attributions of G-d) and their symbols. Rabbi Marcia Prager adapted it into a visualization, which will be offered with some refinements. It can be used as a preparation for prayer or to cultivate emotional-intellectual-spiritual equilibrium.

**Herb Levine** offered this once before at the Institute as an alternative *davening*.

## **TUESDAY AFTERNOON (3:20 – 4:20pm)**

### **Gabbainical School: Torah Service Workshop [SH]**

This workshop will teach you the skills you need to *gabbai* (assist) a Torah service. We'll go over the liturgical passages that the *gabbaim* (assistants) recite, practice correcting Torah reading, and discuss ways to make the Torah service run more smoothly. No experience is required.

**Adam Levine** is a Ph.D. candidate in mathematics at Columbia University. He was a *gabbai* of Kehilat Hadar in New York for two years and has studied Talmud at Harvard Hillel and Yeshivat Hadar. He's excited to be attending his first NHC Summer Institute.

### **Henna: Celebrating Life Transitions in Delicate Patterns [ART]**

People all across India celebrate weddings and life transitions by sitting around for hours and decorating hands and feet with henna. Henna is a ritual that is done by people of all religions, which brings together the people of the community through artistic decoration. It is not only for the those getting married but for their family, loved ones, people who stop in, friends of friends, and the whole community, to take the time to appreciate these life transitions. As the henna dries, this becomes a communal time to share life wisdoms and joys, laughter, and stories. There is an ever-expanding set of reasons and occasions people do henna for across India, including an ever widening range of reasons to celebrate. Many in our community are starting new life partnerships this year, and many more have much to offer in the way of life wisdom on transitions, relationships, and funny stories. Come learn how to do henna, share the life transitions in your life, and laugh over wisdom acquired through the years.

**Rebekah Emanuel** has been living and working in New Delhi for the past year and has been to several weddings of all religious traditions that do henna beforehand, often to rollicking music.

### **Sefer HaBloggadiah: An Introduction to Sefer HaAggadah [T]**

*Sefer HaAggadah* (The Book of Legends) is a classic collection of *aggadic* (non-legal) material from Talmud and Midrash. Its contents are diverse – *midrashim* (comments supplementing Bible stories); stories about the Rabbis themselves; and stories and ideas about the Land and People of Israel, Torah, Shabbat, etc. The Sefer HaBloggadiah project, started at last year's Institute, uses a blog to facilitate study of this text, one page per day. This workshop will look at sample texts covered by the project so far, representing different sorts of Rabbinic *aggadah*.

**Richard Friedman** has taught text classes at several Institutes. He also teaches Talmud and Rashi's Torah commentary at his *shul* and at the Jewish Study Center in Washington. He is a lawyer with the federal government.

### **Our Communities Volunteer: Sharing Ideas for Social Justice Activities [SH, SJ]**

Doing volunteer social justice activities can be an important part of the *havurah* experience. Shoshana will discuss Havurat ha-Emek's experiences in running a *tzedakah* (charity) collective, sponsoring a Cambodian refugee family, preparing and serving meals at a cot shelter, and other activities. Participants will also be invited to share their own *havurah's* experiences with social justice work.

**Shoshana Zonderman** has been a founding member of Havurat ha-Emek in Northampton/Amherst, MA since 1974. She is a certified Jewish family educator, an adult education instructor, and a clinical social worker with special interests in creative feminist rituals and outreach to interfaith families.

### **Jewish Rounds Workshop [JJ]**

"Sing a new song!" We'll teach each other Jewish rounds, and achieve lovely spontaneous harmonies. Words to all songs will be provided in Hebrew, English translation, and Hebrew transliterated into English letters.

**Joelle G. Novey**, of Washington DC, is the director of Greater Washington Interfaith Power & Light, and davens at Tikkun Leil Shabbat ([www.tikkunleilshabbat.org](http://www.tikkunleilshabbat.org)). She is a former member of Mizmor Shir, Harvard's Jewish singing group.

### **Local Wild Edibles and Medicinals [f]**

Nature can be beautiful and peaceful, but it can also be useful and nutritious! In this workshop, we will gather plants that are edible, medicinal, and practical. Whether you want a healthy snack, a fresh cup of tea, a remedy for some itchy skin, or a way to make your own rope without using metal tools, this workshop is for you. Participants will be wandering in the woods, so having a water bottle, sunscreen, bug spray, long pants, long socks, and closed toed shoes preferred. Workshop will happen rain or shine. Location listed for this workshop is a **meeting space only**, so please be on time.

Reducing packaging and increasing fresh vegetables are two of **Sarah Chandler's** favorite activities – they can be yours too! Sarah is the Director of Jewish Family Life and Learning at West End Synagogue, a senior editor at [Jewschool.com](http://Jewschool.com), guest faculty of Teva Learning Center's annual Jewish Environmental Education Seminar, a founder of Kol Zimrah in NYC, and a regular *davener* and *leyner* at the Altshul *minyán* in Brooklyn.

### **Semitism**

Who is a Semite? What is the origin of the term? How did it come to be associated with Jews alone? A facilitated discussion in which we will approach a broader understanding of "anti-Semitism."

**Alon Nashman** is an actor/director who has produced plays which touch on various Jewish and Middle Eastern topics. He is a graduate of Canada's National Theatre School and a student in Rabbi Shefa Gold's Kol Zimra program.

### **Mass Media Messages: Spiritual Danger, Spiritual Opportunity**

In today's world, we are exposed to mass media messages the majority of our waking hours. In this interactive workshop, we will discuss the ways that these exposures can hinder our spiritual growth. But, instead of rejecting mass media culture entirely, we will discuss ways we might use these exposures and technologies to support spirituality.

After exploring careers as an actor, junior high school teacher, and cryptographer, **Brian Primack** finally settled upon being a family practitioner. He is now on the faculty of the University of Pittsburgh Medical School, where he conducts research on the relationship between mass media messages and health.

### **"Jewish Girl Power" Film Screening**

Come watch a powerful 13-minute film about what it is like growing up Jewish and female at the beginning of the 21st century. In this riveting film, directed and produced by Nora Gold (as part of her longitudinal research on Jewish girls), five 14-year-old girls from Toronto talk candidly, and often humourously, about their lives, including their experiences of anti-Semitism and sexism, and their thoughts on intermarriage. Following the screening, Nora Gold will discuss her research and the making of this film.

**Nora Gold** writes fiction, does academic work, and engages in community activism. Her first book, "Marrow and Other Stories," won one of Canada's Jewish Book Awards, and she recently completed her first novel, "Exile," about anti-Israelism in the academe. Her most recent academic research includes a longitudinal study of Jewish girls in Toronto (which resulted in a short film called "Jewish Girl Power") and a nation-wide study of Canadian Jewish women.

### **Facilitation of Interfaith Issues**

This workshop is open to anyone or any couple dealing with interfaith issues in their lives. Since there is only a small amount of time allowed, the group will make the decision on what we might discuss that is important to them. Possibilities are: My child is marrying out of the faith, did I do something wrong? How do interfaith couples decide what faiths to raise their children? Or, how do interfaith couples handle grief and mourning of the death of a family member?

**Joe Smiga** is co-facilitator of interfaith programs within the New Hampshire Jewish Community and has been writing an interfaith column called Blended Blessings for the Diocese of Manchester's newest magazine, "the Parable," for two years. Having been the non-Jew in his marriage before his conversion in 1990, he can relate to both sides of interfaith issues.

### **New Jewish Fatherhood**

For anyone who at some point had or wants to be a dad, Jewish or otherwise, and anyone else who is interested! We will look both at biblical, personal, and contemporary models of fatherhood to examine how Jews might father distinctively, how fatherhood might be changing, and how we might like them to change in the future.

**Jesse Bacon** is a stay at home father with his 18-month old daughter Ronia in the Mt. Airy neighbourhood of Philadelphia. He is also on the board of Jewish Voice for Peace, and volunteers with the Jewish Dialogue Group.

## WEDNESDAY MORNING (7:30 – 8:30am)

### **Eatitute, Eating + Gratitude [f.]**

Please see Tuesday morning's description.

## WEDNESDAY MORNING (9:25 - 10:25am)

### **A Taste of Mussar [T]**

Please see Tuesday morning's description.

### **Social Justice Minyan in a Supermarket World [SH, SJ]**

Are *havurot* an outlet for justice work or do we "pick and choose" those activities outside of our prayer community? How can we create communities that internally reflect our values through green initiatives and class sensitivity? Learn from the social justice experiences of Fabrangen, Kol Zimrah, and Hadar as we navigate the topic together.

**Abby Bellows** is in her fourth year as a community organizer with churches, mosques, and synagogues. She has been a leader in the social justice conversations at Kol Zimrah and Kehilat Hadar, both independent *minyanim* in New York.

### **Art Journaling [ART]**

Learn how to chronicle the ordinary and extraordinary moments of your life through art. When words can't express your experiences, sometimes colours, lines, and images can help. No artistic experience or inclination required.

**Heather G. Stoltz** ([www.sewingstories.com](http://www.sewingstories.com)) is a fiber artist whose work has been published and shown nationally. She was one of the 2008 NHC Summer Institute Artists in Residence.

### **Passover Across America [ART]**

Help participate in a collage project that will create a map of the USA out of various pieces of *matzoh*. This project was conceived 2 Passovers ago, when, while *shmeiring* a piece of *matzoh*, it broke into 2 pieces resembling the states of New Hampshire and Vermont. Soliciting suggestions for various types of *matzoh* for each state eg: Spelt *matzoh* for California, egg *matzoh* for Florida. Tools and instruction will be supplied. Make your own state, or choose a state you've always wanted to visit.

**Joan Vick** is a fiber artist living in New Hampshire.

### **The Great Prayer Experiment Part I: Vernacular [T]**

For more than 2300 years, the classic language of Jewish prayer has not been the language most Jews spoke daily in the Diaspora. How does this linguistic bifurcation affect our experience of prayer? Preceded by a short review of rabbinic literature discussing prayer in different languages, and followed by an open discussion, we will pray an entire traditional-liturgy *Shacharit* weekday morning service exclusively in English, and see what is sparked.

**Alan Scott Belsky** was an Everett Fellow at NHC Institute in 2007 and is excited to be turning his interest in quirky prayer experiments into Summer Institute workshops. From his home base at the Moishe House Silver Spring, he *shul*-hops across the DC area on Shabbat and works as an aviation cartographer during the week.

## Seeking The Source

“Remove yourself from your shoes and you will be Holy!” In our time together we will begin to establish the connection between the old and the new through meditation, experience, and sharing of Torah and Midrash. Just as archaeologists gently brush away sand deposited by wind and tides obscuring hidden treasure, we will explore how 2500+ years of Judaism’s exposure to its environment may have obscured our Dearest Treasure.

**Mordecai Jackson** is founder and director of Resolution Resources, an organisation that provides education, training, and coaching to understand the causes of conflict and its resolution. He has formal leadership training in diversity issues and group dynamics, has lectured in colleges, performed in theatre groups, and conducted many workshops on Jewish topics as well as on issues of conflict. Mordecai has been involved with the NHC since 1981, a member of Pnai Or since 1978, and a member of Mishkan Shalom since 1989.

## Introduction to Piyutim/Jewish Liturgical Poetry & Music [♪]

For over 2000 years, Jews around the world have written *piyutim* (liturgical poetry) to enrich prayer and express their yearnings for the Divine. In each region, *piyutim* were composed in local poetic and musical forms, creating a vast repertoire for different parts of the day, year, and life cycle. This workshop offers a taste of the afternoon course by the same name. After a brief introduction to *piyutim*, we'll learn a few Jewish Middle Eastern songs to sing together as the week continues.

**Benj Kamm** lived in Jerusalem for the past two years, where he learned *piyutim* from around the world as a member of Kehilot Sharot, an Israeli organization that seeks to preserve Jewish liturgical traditions and share them with the public.

## Immunic for All

Immunic – the yoga of immunity – is a method for communicating with your immune system to improve your health. Not exercise, but a regular practice of talking to your immune system, I'd place it somewhere between meditation and self-hypnosis. Once the technique is learned, which most people do within an hour, a few (e.g., three to five) minutes a day is sufficient to keep you healthy, and not much more can make progress on long-standing conditions. It's not a substitute for doctors, but has kept me clear of colds, flus, and sinus infections for five winters, and cleared up asthma and allergies.

**Ceidlen Beller** is a long-time *havurahnik* and past Institute chair, who is delighted with the improvement in her health in the last five years.

## Transforming Difficult Conversations on Israel/Palestine and Everything Else! [SJ]

When talking with someone you don't agree with about something hard, what is your goal? Is your goal to win by convincing them that you're right and they're wrong? Then you might be frustrated, even if you do win. What if your goal was to show enough respect listening that they will be willing to have the next conversation, with you or with someone else? Wouldn't that be more fruitful in the end? Come learn some excellent communications strategies that I learned from Cecilie Surasky, Communications Director of Jewish Voice for Peace. No political views turned away, and no experience necessary!

**Karey Bacon** lives, mothers, teaches, knits, reads, dances, cooks, and eats in Mt. Airy, Philadelphia. Although she grew up BT/Orthodox, Karey now happily resides in the land of Reconstructionist hippies.

## WEDNESDAY AFTERNOON (3:20 – 4:20pm)

### **Creating Sacred Lifecycle Ceremonies for Un-synagogue-d, Interfaith, and Jewish Families [SH]**

A discussion-style workshop on creating meaningful sacred lifecycle events for families with single and multiple traditions, faiths, and practices. These ceremonies are in keeping with the essence of Jewish tradition and are built to fully include all interested family and friends. This is not your average synagogue bat mitzvah outside of a temple, but a ceremony created for the real religious and spiritual life you lead. Judaism has survived by adapting over the centuries while maintaining strong threads of the past. These ceremonies are a continuation of those threads.

Rabbi **Lev Baesh** works with interfaith couples and families in all life cycles, Jewish education, and community building. Lev began serving as rabbi of congregation B'nai Or of Boston this month while consulting with InterfaithFamily.com, Combined Jewish Philanthropies of Boston, the JCC's of Boston, PJ Library, and congregations around the country. His work is an effort to build a Jewish world that is welcoming and meaningful for Jews and interfaith families.

### **Open Art Studio [ART]**

Want to start a new art project, continue one you're already working on, or just play around with materials in a low-key environment? Come to the open art studio! If you don't have a project idea, don't fret: How about making a Rosh Hashanah card for friends or family, or reflecting on some aspect of your Institute experience via coloured pencils? Some materials will be provided, and you are also encouraged to bring your own or extras to share.

**Sarah Beller** has designed the Institute t-shirt for the past four years and co-taught an art course, "Illuminating the New Year," with *havurahnik* Laura Bellows a few years back. She is excited to work on some sketching and calligraphy.

### **Two Hasidic Masters on Drinking and Sex as Spiritual Practices [T]**

Do sensuality and spirituality go together? Are intoxication and piety opposed to one another? We will encounter the response of Rabbi Levi Yitzchak of Berdichov to the first question, and the response of Rabbi Kalonymus Kalmish Shapira, Rebbe of Piaseczno (and later of the Warsaw Ghetto) to the second one. The differently spirited teachings of these Hasidic leaders will lead us to questions about the adaptation of Hasidic values to our own times as we aim to create passionate, safe, and inclusive communities.

Rabbi **Jonah Chanan Steinberg**, PhD. is Associate Dean of the Rabbinical School of Hebrew College and received the New Scholar Award from the Journal of Feminist Studies in Religion.

### **Planning a Greener Wedding [SJ]**

Believe it or not, Jewish communities have been struggling with appropriate expenditures for weddings for many generations. ("Because of extravagances, the expenses in our times for clothing for weddings have increased so that many of our daughters are humiliated when it comes time for them to get married," wrote the Chofetz Chaim in the late 19th Century. "Fathers and mothers cry and wail and no one can help them.") We'll share our experiences planning wedding and commitment ceremony celebrations, using Jews United for Justice's "Green and Just Celebrations" guide as a text, and consider ways to make sure that more of the millions of dollars spent on Jewish celebrations in our communities reflect Jewish values.

**Joelle Novey** is the NHC Summer Institute's 2009 Hollander Social Justice fellow.

## **Because We Were Slaves in Egypt, and I Am the Son of a Black Kenyan and a White American: Telling Your Story to Create Change and Build Community [SJ]**

Telling true, personal stories is a cornerstone of community organising. Using pieces of Exodus and Obama's speeches, we will study how communities and leaders tell stories which highlight unique challenges and choices, but push toward communal mobilisation. Using techniques from Jewish tradition and organising literature, participants will craft a personal story that furthers a community or issue they value.

**Shira Levine** came to New York in 2005 to teach bilingual first grade with Teach for America. She continued to work with immigrant children in Tel Aviv as a Dorot fellow in 07-08, along with studying Hebrew literature and hiking through the south. While field organizing with the Obama campaign, she was inspired by the stories and dedication of the volunteers.

## **Social Justice Showtunes [SJ, ♪]**

You may know that American musical theatre was largely shaped by Jewish American writers. So it may not be surprising to discover that many social justice causes that are near and dear to our hearts, from the labour movement to women's lib, have found expression on the Broadway stage. We'll encounter these songs as a new generation of Jewish texts, and if we're up for it have a sing-along too. No prior knowledge of showtunes or social justice required.

**David Levy** spent two years running the business end of Fynsworth Alley, a record label devoted to showtunes and three years as the chair of the board of directors of Keshet, the gayest Jewish social justice organisation around.

## **Chalom Chalamti: Jewish Dream Analysis**

Ever wonder what it means when you dream of an ox devouring its own flesh? Learn the interpretation of this and other oneiric imagery through an exploration of dream analysis according to Jewish sources from antiquity through the modern age. By considering a variety of Biblical, Talmudic, psychoanalytic, and other perspectives, we will explore how our dreams not only relate a personal narrative to the dreamer, but also how they may represent important ideological agendas on the collective level.

**Raysh Weiss** is a doctoral student in Cultural Studies and Comparative Literature at the University of Minnesota and lives in Minneapolis, where she very much enjoys sleeping.

## **Eating Our Way Towards Judaism [🥗]**

Jews and food are seemingly a natural combination, but what can one learn about Judaism through food? Drawing on her own personal experiences of her own conversion, and texts drawn from Hazon's work on the "New Jewish Food Movement," in this hour we hope to begin to explore what we eat, why we eat it, and what we can learn about being Jewish – through food.

**Amanda Melpolder** is the Editor-in-Chief of Hazon's Jewish food blog, The Jew and The Carrot [www.jcarrot.org](http://www.jcarrot.org), and is also a 2009 Everett Fellow. After several years of study she is thrilled to be completing her conversion this week here at the Summer Institute.

## **Rikudei Am! Israeli Folk Dance**

Dance has been a unifying force of the Jewish community in times of great joy and great sorrow. As Jews spread throughout the world, the tradition of celebratory movement has grown and changed into a culturally infused style known as Israeli Folk Dance. This tradition continues to connect people of all ages to the greater Jewish community. In this workshop, we will dance to both traditional and more modern music. People of all dancing skill levels and backgrounds are welcome to come learn new dances and share past dancing experiences.

**Yona Golding** has been active in the Israeli Folk Dance community since third grade when she began dancing with the Kalu Raglaim dance troupe in Worcester, MA. She has performed at the MIT Folk Dance Festival with her middle school and high school dance groups, and has had the privilege of teaching young dancers Folk Dance at the New Jewish Academy in Worcester.

### **NHC Board: Executive Committee Training**

This is a closed session.

## **THURSDAY MORNING (9:25 - 10:25am)**

### **A Taste of Mussar [T]**

Please see Tuesday morning's description.

### **Program Swap: What to Do With Your Hevra Any Sunday Afternoon in the Year [SH]**

Bring your favourite non-*davening* programming ideas for *havurah* meetings throughout the year. Get inspired with new ideas and learn some new refinements of old ones. We will record them and post the list on the NHC website's Havurah Resource Bank.

**Bob Freedman** has served congregations as both rabbi and cantor, has been involved with *havurot* in Princeton for more than two decades, and has taught at NHC Summer Institutes, Renewal Kallot, and Elat Chayyim since 1996. He is continually amazed by the creativity of *Havuranikim!*

### **Create Your Own Mezuzah [ART]**

Many of us want to create our own sacred objects, and what's more sacred than a *mezuzah* (parchment adorned on doorframes)? Come create your own beautiful *mezuzah* case from a variety of craft supplies. Scrolls are not provided, but you can get one at any Judaica store or on the Internet.

**Rachel Sommer** is a part-time admin assistant to two Boston-area Jewish organizations, Gateways: Access to Jewish Education and Havurat Shalom. With her husband, she's raising two great kids and occasionally getting to do music and crafts. Her workshop was inspired by a sacred objects workshop from 2008.

### **Secret Identities from Abraham to Spider-Man [T]**

Why do we sometimes feel the need to obscure pieces of who we are? We've sure been at it for a long time, ever since Abraham went to Egypt. We'll look at Abraham and Sarah, Esther, Superman, and Spider-Man to consider questions about "real identity" versus "assumed identity," and think about the ways we present ourselves in our own lives.

If you knew who **David Levy** really was, he'd have to kill you.

### **Eating for Success: Seven Ingredients for a Healthy Life [f&]**

Are you confused about what to eat to function at your best? Discover some sensible and realistic strategies for choosing the most powerful foods that will maximize your energy and increase your productivity. Learn how to start your day strong with a power breakfast and maintain your mental and physical output with healthy snacks and meals. Find out how easy it can be to make a few adjustments in your diet and lifestyle in order to perform well and feel great in all of your activities.

**Sharon Goldner** motivates individuals and groups to live their fullest potential. As a Certified Holistic Health Counsellor, Chef, and Wellness Speaker, she makes the connection between food and the mind and body so that individuals can easily understand their path to health and vitality. Her counselling practice, Recipe for a Healthy Life, is located in Westfield, NJ. [www.recipeforahealthylife.com](http://www.recipeforahealthylife.com).

### **Seeking The Source**

Please see Wednesday morning's description.

### **Health Reform Policy and Politics: Can Obama Succeed Where Bill and Hilary Failed?**

Come learn from a health reform insider (well, using the term somewhat loosely – though I do e-mail and conference call with the actual insiders on a regular basis) all about the current health reform effort, which hopefully we will someday look back on as having been of historic significance and not another catastrophic failure like in 1993-94. We will look both at the policy issues and the political line-ups, and also go through some of the blow-by-blow and discuss whether any of the TV ads can be expected to become classics à la Harry and Louise. Writing this in late June, I hope and expect that this issue will be alive and kicking and moving toward its peak during the first week of August, which will be the first week of the August recess for the House and the final week in session before the August recess for the Senate.

**Matthew Weinstein** has a background in grassroots campaigning, and is the Maryland Coordinator for the Health Care for America Now campaign, which unites 30 million Americans and 82 million dollars in support of President Obama's health reform proposals. B.A. from a small New England liberal arts college just 49 miles from Rindge, Master's in public policy from a similarly overpriced private institution located in the District of Columbia. (Sorry, Mom, no Ph.D. yet.)

## **THURSDAY AFTERNOON (3:20 – 4:20pm)**

### **Davening as if the Words Really Matter: Community-based Evolution of Matbeah Tefila [SH]**

Since at least the time of the Second Temple, we have relied on fixed-text prayers. And through the intervening millennia, that text has never been fixed – instead, it's always in the process of being fixed. Today, *havurot* and independent *minyanim* face choices about *davening* text: egalitarian language, the concept of Chosen-ness, imagery of the divine, relations among nations. If we really care about what we're praying, we should also care about how we decide what to pray. Like most Institute workshops, this one is a potluck: We'll bring a couple of examples of how communities have made decisions about their *Matbeah Tefila* (fixed-text prayer), focusing on *Nusach Shivyoni* (egalitarian language), especially at the Zoo Minyan in Washington DC. Please bring stories about your own community's experiences, your questions and personal practices about *davening* text, and maybe some of your favourite *siddurim* (prayerbooks).

**Shalom Flank** has been *davening* in *Nusach Shivyoni* at Zoo Minyan, Nishmat Shalom, and Havurat Shalom for more than 20 years. He is also the CTO and Microgrid Architect for Pareto Energy, a clean energy company based in Washington DC.

### **A Model of Havurah Governance [SH]**

How can a *minyan* or *havurah* make decisions, figure out who is in charge of what, make things run effectively and happily – in ways that are compatible with *havurah* ethics? This workshop will use the Newton Center Minyan as a case study of creating workable structures and using consensus decision-making. Participants will be invited to consider their own *minyan* issues and dilemmas (current or anticipated) in this framework.

**Sherry Israel**, a social psychologist, is a founding and still very active member of the Newton Center Minyan, and cares about helping create welcoming, meaningful Jewish community life.

### **Planning a Greener Bar/Bat Mitzvah Celebration [SJ]**

Whether you're a teenager who remembers making the decisions for your bar or bat mitzvah, a tween who's starting to plan your own bat or bar mitzvah, or a parent or teacher who works with bar or bat mitzvah students, come reflect on the many purchasing decisions associated with these celebrations. We'll share our experiences planning bat and bar mitzvah celebrations, using Jews United for Justice's "Green and Just Celebrations" guide as a text, and consider ways to make sure that more of the millions of dollars spent on Jewish celebrations in our communities reflect Jewish values.

**Joelle Novey** is the NHC Summer Institute's 2009 Hollander Social Justice Fellow.

### **Sefer HaBloggadah: An Introduction to Sefer HaAggadah [T]**

Please see Tuesday afternoon's description.

### **Creative Text Study [T]**

Choose one or all three of the texts to discuss and relate to your everyday life: mind, body, and spirit. One verse as it relates to your spiritual connection to the divine (*soul/neshamah*); one as it relates to you emotionally (*heart/lev*); and one as it relates to you physically or intellectually (*body/guf* and/or *mind*). Specific texts will be chosen from Torah (prior week and current week) and will be available in English. (*V'Etchanan*, Deuteronomy 3:23-7:11 and Isaiah 40:1-26; *Ekev*, Deuteronomy 7:12-11:19 and Isaiah 49:14-51:3). Bring writing or art materials.

**Linda Feinberg & Joe Smiga**, Manchester, NH. Linda is a self-employed business owner of a bookkeeping service, published poet, and student artist. Joe is retired from the business world, is a certified business coach, and has recently published his first novel.

### **Life on the Fringes: Exploring Tallit Katan**

The mitzvah of *tzitzit* (fringes) has its origins in the Torah. It comes to us in two forms: *tallit gadol* (*tzitzit* are attached to the rectangular prayer shawl), and *tallit katan* (*tzitzit* are attached to a special undershirt which is worn all day). An increasing number of people are taking on the mitzvah of *tallit katan* outside of Orthodoxy. In this workshop, we will be discussing the symbols we choose, and public versus private markers of faith. Why wear *tzitzit*? Why do some tuck while others show theirs? What other Jewish practices provide us with physical reminders of God and of the *mitzvot* (commandments)? What can we learn from those practices that might give new meanings to the wearing of *tzitzit*? This workshop is for those who do or have worn the *tzitzit katan*, or those who are interested in learning about different approaches to *tzitzit*.

You can tell **Benjamin Maron** and **Ben Murane** apart in many ways, not the least of which is how they wear their *tzitzit* and pronounce the word (*tzitzis* v *tzitzit*). This is their 4<sup>th</sup> Summer Institute, and, yes, it was confusing to have them both in the 2006 Everett cohort.

### **Mixed Heritage: No Such Thing As Half Jewish?**

Over 50% of Jewish-identified college students are children of intermarriage. Over 25% of Americans are related to someone Jewish. All the liberal movements have adopted programs of outreach to interfaith families. Mixed heritage Jews are the present and future of the Jewish community. Does this represent enrichment or watering-down? In this workshop we will share personal reflections and explore the blessings and challenges of mixed ethnicities, faiths, and lifestyles.

**Rebecca Ennen** is the complicated child of a complicated Jewish-Catholic union. She co-created a daylong workshop for mixed heritage Jews (including children of intermarriage and converts) in March 2009 with the support of many wonderful complicated people.

### **Blessing in Rhythm: Spiritual Dance**

"Blessing in Rhythm" is a free form dance program with poetic and meditative elements. Through movement, we can consciously express our feelings about the human condition and our own. Or we can just give voice to our subconscious and dance.

**Stefan Gottschalk** is from New York and lives in Washington DC, where he gives companies tax advice and cooks a lot. He is a music lover and enjoys Hebrew-language *davening*, English-language literature, and foreign-language film. He isn't sure how the world should be run, but really likes the way Summer Institute is run.

### **Jewish Continuity Through Judaic Arts: A Memoir Journey from Metals to Pen Nib**

The workshop invites participants to share in a collective analysis of what Jewish Continuity through the distinct medium of Judaic Arts, particularly the Visual Arts which entail a tactile manipulation of materials, means on a personal and communal level. Special attention will be given to process: generational connectedness, and how we impart and maintain our sense of Jewish identity. What do we mean when we say "Judaic Arts?" As the workshop leader shares her personal journey, participants are encouraged to consider discovery, and definition, of self and community, through focused intent and deliberate Artistic process. Non-artists as well as artists are encouraged to attend.

**Dana Israel** is currently a full-time mom to her 5-year old daughter, Neshama, and is designing her second visual arts business. She previously spent 4½ years exclusively supporting herself as a working artist in metals, lost-wax casting method, where she focused on custom jewellery and limited edition runs of Judaica.

### **The Art of Bal Tashchit: Recycled Papermaking [ART]**

The ancient law of *Bal Tashchit* ("do not destroy") has been embraced by generations of Jews as a directive to use our resources wisely. Bring this teaching to life by creating your own radiant recycled paper to take home from common used office paper; explore and discuss simple ways to celebrate creation and practice *bal tashchit* daily!

**Laura Bellow's** passion for Jewish environmental education was fostered while teaching with the Teva Learning Center, where she now works full-time with congregations to inspire Jewish ecological awareness, connection, and responsibility. Getting creative with recycled papermaking is one of her favorite past times. Her recent favorite papers have incorporated seeds, grasses, and imprints and can be used as plant-able cards.

### **Let Us Sing! [♪]**

This workshop introduces "L'chu N'ran'nah" (Let Us Sing!), a new *bencher* (book of songs and prayers with blessings after the meal) edited by Barry Walfsih, Mark Frydenberg, and Aviva Richman. We'll take a quick look at the *bencher* and share melodies for some of the songs inside. We'd also like to record people singing some of their favourite songs in the *bencher* to post on the *bencher's* website, [www.birkat.org](http://www.birkat.org). If you have a digital voice recorder or a laptop with audio recording capability, please bring to this session.

**Mark Frydenberg** is an editor of "L'chu N'ran'nah" (Let Us Sing!), the creator of "Siddur Chaveirim Kol Yisraeil," and a past chair of the NHC. He developed the web site at [www.birkat.org](http://www.birkat.org).

**FRIDAY MORNING (9:25 - 10:25am)**

### **A Taste of Mussar [T]**

Please see Tuesday morning's description.

### **Torah Trope is Easy! [SH]**

We will use the old fashioned, traditional method of learning the names and melodies for all of the common *ta'amim* (trope signs). The trope I use and teach is simple and traditional, and using this method it is possible to learn to chant Torah at a basic level in one afternoon. Help your *havurah*: be a Torah reader. You are encouraged to bring your own recording device (iPod, digital recorder, etc.).

**Stephen Landau** comes from New Mexico and is *shaliach tzibbur* (prayer leader) and *ba'al kriah* (Torah reader) for his current community in West Hartford, CT.

### **She Sets Her Hands to the Distaff [ART]**

Have you ever wondered what a distaff actually is, or wanted to make your own yarn? In this workshop, participants will learn the basics of spinning wool with a drop spindle, as well as the principles of making your own *tzitzit* strands. Wool and spindles will be provided; "dead" CDs will be available to make your own spindle.

**Sarah Hartman** lives in Waltham Massachusetts where she is finishing up a degree in library science at Simmons College. She has been turning assorted fluffy things into yarn for about six years now, and is also involved in environmental activism, community-supported agriculture, and sacred singing.

### **A Sea of Mystery: Pi in the Bible and Talmud [T]**

Relying on the Biblical description of Solomon's Temple, the Talmud (*Eirubin* 14a-b) claims that the circumference of a circle is three times its diameter – a problem for not only the modern student of geometry but also the Talmudic rabbis themselves. In this class, we'll discover just how much math the rabbis knew and see how a variety of sources, both ancient and modern, seek to reconcile this apparent contradiction between scientific fact and sacred writ. Calculators are not required.

**Adam Levine** is a Ph.D. candidate in mathematics at Columbia University. He was a *gabbai* of Kehilat Hadar in New York for two years and has studied Talmud at Harvard Hillel and Yeshivat Hadar. He's excited to be attending his first NHC Summer Institute.

### **Tzur Mishelo vs. Yah Ribon [♪]**

*Tzur Mishelo* is a Hebrew song popularly sung to many varied tunes around Shabbat tables every week. *Yah Ribon* is an Aramaic song popularly sung to many varied tunes around Shabbat tables every week. Some people say that no Shabbat song has more possible melodies than *Yah Ribon*, and we proved last summer that it does indeed have more than *Dror Yikra*. *Tzur Mishelo* is the last challenger standing in the weight class. Come help us crown a champion once and for all in a structured teaching and sing-off. Bring your favourite tunes and your audio recorder, or just bring yourself and your voice!

**Josh Rosenberg** was an Everett Fellow at the 2002 Institute, and is in the process of starting a new Saturday morning *minyán* in Center City Philadelphia. He doesn't have the best musical memory around, but loves trying to learn new tunes anyway.

### **Jews in Non-Jewish Places**

New York City is not quite Diaspora. But we've all been places where we're the only Jews, maybe nearby or even for hundreds of miles. Come join this exploration of ourselves in places where we're the exception.

**Ben Murane** is an Army brat and grew up across the West Coast and Great Plains in 14 homes, 11 cities, and 7 states before age 18. He's about to break his own record for staying in one city: four years in Brooklyn.

### **Exile: A Novel About Anti-Israelism in Academe**

Nora will be reading from her recently completed (but not yet published) novel, "Exile." What happens when a left-wing feminist who made *aliya* (moved to Israel) ten years earlier comes back to Toronto to study for a year, and re-encounters the left she left behind? A discussion will follow the reading.

**Nora Gold** writes fiction, does academic work, and engages in community activism. Her first book, "Marrow and Other Stories," won one of Canada's Jewish Book Awards, and she recently completed her first novel, "Exile," about the anti-Israelism in academe. Her most recent academic research includes a longitudinal study of Jewish girls in Toronto (which resulted in a short film called "Jewish Girl Power") and a nation-wide study of Canadian Jewish women.

### **Sharing Session for Tefila Educators**

This workshop is an opportunity for those who teach *tefila* (Jewish prayer) or lead *minyanim* in religious schools or day schools to come together and "talk shop." What are your success stories? What are your challenges? And how, in particular, can a "*havurah*" approach to Jewish community infuse our transmission of *tefila* in these educational settings?

**Ethan Merlin** teaches math and leads middle school *minyanim* at the Charles E. Smith Jewish Day School in Rockville, MD.

### **In Search of Ancient Pottery, Goliath, and Gold: My Adventures Digging Up the Philistine City of Gath**

If you have ever harboured a secret (or not so-secret) desire to be Indiana Jones, or wondered how archaeology relates to the stories in the bible – this workshop is for you! Brian will share his experiences volunteering for two seasons at the Tel es-Safi dig in Israel, the site of the Philistine city of Gath.

**Brian Fink**, back for his 4<sup>th</sup> Institute, is a student at the Reconstructionist Rabbinical College and just returned from his year-in-Israel, studying at Pardes and Hebrew University. He loves to talk about Reconstructionism, social justice (especially Avodah and AJWS), and archaeology.

## **SHABBAT AFTERNOON (Saturday, 4:30 - 5:30pm)**

### **L'chu N'ran'nah: An Egalitarian Traditional Bencher with an Alternative Edge [♪]**

This workshop introduces "*L'chu N'ran'nah*" (Let Us Sing!), a new egalitarian traditional *bencher* (book of songs and prayers with blessings after the meal) with an alternative edge, edited by Barry Walfish, Mark Frydenberg, and Aviva Richman. "*L'chu N'ran'nah*" is true to traditional Hebrew texts, but ready to adjust language when necessary to address the diversity of contemporary Jewish life in matters of gender and belief. The book is fully egalitarian, with a gender-neutral translation and equal ritual status for men and women. In this workshop, the editors will facilitate a discussion of liturgical change and inclusivity in the context of *Birkat HaMazon* (blessing after the meal) and other Shabbat home table rituals, and describe how "*L'chu N'ran'nah*" addresses them. We may also take a closer look at some of the Shabbat *Z'mirot* (songs) using the translations and commentary in "*L'chu N'ran'nah*" as a guiding text for study.

**Barry Walfish** and **Mark Frydenberg**, along with Aviva Richman, are the editors of "*L'chu N'ran'nah*" (Let Us Sing!), a new egalitarian traditional bencher. See [www.birkat.org](http://www.birkat.org) for more information.

### **World-Making 101: Ancient Steps Toward a Torah of Environment [T]**

If the Blessed Holy One "looked into the Torah and created the world," what then is Torah? How should we discover it and put it into practice? We will look into biblical and rabbinic texts that suggest a Torah of more than scrolls and books, and may point the way toward a constructive Torah for our own ecologically troubled times.

Rabbi **Jonah Chanan Steinberg**, PhD. is Associate Dean of the Rabbinical School of Hebrew College and received the New Scholar Award from the Journal of Feminist Studies in Religion.

### **Info and Dream Session on a New Jewish Environmental Camp**

What does your dream summer camp look like? Come brainstorm and heartstorm with the co-founder and program director of Eden Village Camp (EVC), a new Jewish overnight summer camp opening in Summer 2010 an hour north of NYC. The co-ed, pluralistic, non-profit camp will offer traditional and innovative camp programming infused with a focus on environmentalism and social justice. EVC features the healthiest yummiest food, an organic farm, renewable energy, natural building technologies, a zero-waste goal, and much more. Starting a new camp means the chance to create a culture from scratch, and each camper and staffer is a pioneer and founder. Come learn about the groundwork laid so far, and share insight and inspiration for its directions from here!

**Vivian Lehrer** and her husband, Yoni Stadlin, are blessed to be co-creating Eden Village Camp, a new Jewish overnight summer camp near NYC focusing on environmentalism and social justice. She has a background in public interest law and mediation, has led service-learning trips with Jewish Funds for Justice and Birthright Israel, and offers integrative health counselling programs for individuals and groups.

### **Sahar Hogein: A Jewish Approach to Fair Trade [SJ, ♀]**

Rambam (Maimonides) taught that employing someone so he or she can become self-sufficient is the highest form of *tzedakah* (charity). Come learn how Jewish communities can support fair trade, an innovative approach to commerce with developing countries that ensures that those who pick the coffee we drink at *kiddish*, who gather the cocoa in our Hanukkah *gelt*, who harvest the sugar in our *kichel*, or who embroider our *kippot*, are paid a living wage, given a voice in their work, and afforded an opportunity to improve their families and communities.

**Joelle Novey** is the NHC Summer Institute's 2009 Hollander Social Justice fellow.

### **Games People Play**

Do you like playing games? Are you interested in seeing something newer than Monopoly and Sorry? If you want to learn about a variety of games from the past several years, Shabbat-friendly, please come and see a few games you may have missed.

**Jacob Sommer** lives with three redheads, all related to him, and spends most of his time parenting two of them. He works as a freelance voice-over artist and plays as himself.